

Who is My Soulmate Worksheet

1. Physical Style: This is appearance, eating habits, personal hygiene, and exercise.

2. Emotional Style: Attitude towards romance and affection, how he treats you, how he expresses feelings

3. Social Style: Personality traits and how he interacts with others.

4. Intellectual Style: Educational background, attitude towards learning, culture, and the world

5. Sexual Style: attitude, skill, ability to enjoy

6. Communication Style: how he communicates and attitude towards communication

7. Professional/Financial Style: relationship with money, work and organizational habits

8. Personal Growth Style: attitude toward self-improvement, willingness to work on relationship

9. Spiritual Style: attitude toward higher power, spiritual practices, philosophy of life, moral views

10. Interests and Hobbies: For example, loves the same movies and tv and will watch and snuggle with me, loves to hike, eat out, walk, enjoy sunsets, and play in the ocean

Deal Breakers (things I will absolutely NOT put up with like smoking, guns, snoring, etc.)
